

## Non-Postal Premium Rates for the Federal Employees Health Benefits Program

Fee-for-Service Plans (FFS)	2017 Total Biweekly Premium	2018 Biweekly premium rates				2017 Total Monthly Premium	2018 Monthly premium rates				
Plan - Option - Enrollment Code		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment		Total Premium	Gov't Pays	Empl. Pays	Change in empl. payment	
<b>Nationwide APWU Health Plan</b>											
High Self	471	315.96	322.29	229.25	93.04	-1.25	684.58	698.30	496.71	201.59	-2.70
High Self & Family	472	758.32	773.48	521.58	251.90	-1.20	1,643.03	1,675.87	1,130.09	545.78	-2.61
High Self Plus One	473	663.52	676.79	491.00	185.79	-1.94	1,437.63	1,466.38	1,063.83	402.55	-4.20
CDHP Self	474	247.24	255.89	191.92	63.97	2.16	535.69	554.43	415.82	138.61	4.69
CDHP Self & Family	475	593.35	614.12	460.59	153.53	5.19	1,285.59	1,330.59	997.94	332.65	11.25
CDHP Self Plus One	476	543.91	562.95	422.21	140.74	4.76	1,178.47	1,219.73	914.80	304.93	10.31
<b>Nationwide Blue Cross and Blue Shield Service Benefit Plan</b>											
Standard Self	104	327.66	342.41	229.25	113.16	7.17	709.93	741.89	496.71	245.18	15.54
Standard Self & Family	105	759.45	793.53	521.58	271.95	17.72	1,645.48	1,719.32	1,130.09	589.23	38.39
Standard Self Plus One	106	716.56	748.81	491.00	257.81	17.04	1,552.55	1,622.42	1,063.83	558.59	36.92
<b>Nationwide Blue Cross and Blue Shield Service Benefit Plan</b>											
Basic Self	111	284.90	294.90	221.18	73.72	2.50	617.28	638.95	479.21	159.74	5.42
Basic Self & Family	112	678.81	702.56	521.58	180.98	7.39	1,470.76	1,522.21	1,130.09	392.12	16.00
Basic Self Plus One	113	640.43	662.84	491.00	171.84	7.20	1,387.60	1,436.15	1,063.83	372.32	15.60
<b>Nationwide Compass Rose Health Plan</b>											
High Self	421	306.06	321.36	229.25	92.11	7.72	663.13	696.28	496.71	199.57	16.73
High Self & Family	422	734.55	771.27	521.58	249.69	20.36	1,591.53	1,671.09	1,130.09	541.00	44.11
High Self Plus One	423	673.34	707.00	491.00	216.00	18.45	1,458.90	1,531.83	1,063.83	468.00	39.98
<b>Nationwide Foreign Service Benefit Plan</b>											
High Self	401	257.76	264.22	198.17	66.05	1.61	558.48	572.48	429.36	143.12	3.50
High Self & Family	402	637.66	653.62	490.22	163.40	3.99	1,381.60	1,416.18	1,062.14	354.04	8.64
High Self Plus One	403	631.36	647.14	485.36	161.78	3.94	1,367.95	1,402.14	1,051.61	350.53	8.54

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<b>Nationwide GEHA</b>											
High Self	311	323.13	332.82	229.25	103.57	2.11	700.12	721.11	496.71	224.40	4.57
High Self & Family	312	767.79	790.83	521.58	269.25	6.68	1,663.55	1,713.47	1,130.09	583.38	14.47
High Self Plus One	313	710.88	732.21	491.00	241.21	6.12	1,540.24	1,586.46	1,063.83	522.63	13.27
Standard Self	314	215.45	219.75	164.81	54.94	1.08	466.81	476.13	357.10	119.03	2.33
Standard Self & Family	315	509.51	519.70	389.78	129.92	2.54	1,103.94	1,126.02	844.52	281.50	5.52
Standard Self Plus One	316	463.21	472.47	354.35	118.12	2.32	1,003.62	1,023.69	767.77	255.92	5.02
<b>Nationwide GEHA</b>											
HDHP Self	341	226.81	231.35	173.51	57.84	1.14	491.42	501.26	375.95	125.31	2.46
HDHP Self & Family	342	536.39	547.12	410.34	136.78	2.68	1,162.18	1,185.43	889.07	296.36	5.82
HDHP Self Plus One	343	487.65	497.40	373.05	124.35	2.44	1,056.58	1,077.70	808.28	269.42	5.28
<b>Nationwide MHBP - Consumer Option</b>											
HDHP Self	481	264.66	262.02	196.52	65.50	-0.66	573.43	567.71	425.78	141.93	-1.43
HDHP Self & Family	482	614.98	608.83	456.62	152.21	-1.53	1,332.46	1,319.13	989.35	329.78	-3.33
HDHP Self Plus One	483	585.71	579.85	434.89	144.96	-1.47	1,269.04	1,256.34	942.26	314.08	-3.18
<b>Nationwide MHBP - Std</b>											
Standard Self	454	271.53	268.82	201.62	67.20	-0.68	588.32	582.44	436.83	145.61	-1.47
Standard Self & Family	455	631.03	624.72	468.54	156.18	-1.58	1,367.23	1,353.56	1,015.17	338.39	-3.42
Standard Self Plus One	456	625.03	618.78	464.09	154.69	-1.57	1,354.23	1,340.69	1,005.52	335.17	-3.39
<b>Nationwide MHBP - Value Plan</b>											
Value Self	414	238.97	229.41	172.06	57.35	-2.39	517.77	497.06	372.80	124.26	-5.18
Value Self & Family	415	577.52	554.42	415.82	138.60	-5.78	1,251.29	1,201.24	900.93	300.31	-12.51
Value Self Plus One	416	566.20	543.56	407.67	135.89	-5.66	1,226.77	1,177.71	883.28	294.43	-12.26

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<b>Nationwide NALC</b>												
High Self	321	299.07	308.04	229.25	78.79	1.39	647.99	667.42	496.71	170.71	3.01	
High Self & Family	322	671.56	691.71	518.78	172.93	5.04	1,455.05	1,498.71	1,124.03	374.68	10.92	
High Self Plus One	323	651.98	678.06	491.00	187.06	10.87	1,412.62	1,469.13	1,063.83	405.30	23.56	
CDHP Self	324	214.26	214.26	160.70	53.56	0.00	464.23	464.23	348.17	116.06	0.00	
CDHP Self & Family	325	464.53	473.82	355.37	118.45	2.32	1,006.48	1,026.61	769.96	256.65	5.03	
CDHP Self Plus One	326	463.49	463.49	347.62	115.87	0.00	1,004.23	1,004.23	753.17	251.06	0.00	
<b>Nationwide NALC</b>												
Value Self	KM1	175.85	175.85	131.89	43.96	0.00	381.01	381.01	285.76	95.25	0.00	
Value Self & Family	KM2	381.41	389.03	291.77	97.26	1.91	826.39	842.90	632.18	210.72	4.12	
Value Self Plus One	KM3	380.37	380.37	285.28	95.09	0.00	824.14	824.14	618.11	206.03	0.00	
<b>Nationwide Panama Canal Area Benefit Plan</b>												
High Self	431	247.08	264.38	198.29	66.09	4.32	535.34	572.82	429.62	143.20	9.37	
High Self & Family	432	515.77	551.88	413.91	137.97	9.03	1,117.50	1,195.74	896.81	298.93	19.56	
High Self Plus One	433	493.16	527.68	395.76	131.92	8.63	1,068.51	1,143.31	857.48	285.83	18.70	
<b>Nationwide Rural Carrier Benefit Plan</b>												
High Self	381	304.30	316.47	229.25	87.22	4.59	659.32	685.69	496.71	188.98	9.95	
High Self & Family	382	589.26	612.83	459.62	153.21	5.90	1,276.73	1,327.80	995.85	331.95	12.77	
High Self Plus One	383	577.70	600.81	450.61	150.20	5.78	1,251.68	1,301.76	976.32	325.44	12.52	
<b>Nationwide SAMBA</b>												
High Self	441	393.68	421.24	229.25	191.99	19.98	852.97	912.69	496.71	415.98	43.30	
High Self & Family	442	944.83	1,010.97	521.58	489.39	49.78	2,047.13	2,190.44	1,130.09	1,060.35	107.86	
High Self Plus One	443	866.10	926.72	491.00	435.72	45.41	1,876.55	2,007.89	1,063.83	944.06	98.39	
Standard Self	444	291.82	326.84	229.25	97.59	24.64	632.28	708.15	496.71	211.44	53.37	
Standard Self & Family	445	671.20	751.74	521.58	230.16	62.36	1,454.27	1,628.77	1,130.09	498.68	135.11	
Standard Self Plus One	446	642.01	719.06	491.00	228.06	61.84	1,391.02	1,557.96	1,063.83	494.13	133.99	