



United States Office of Personnel Management
Office of the Chief Financial Officer

Benefits Administration Letter

Number: 26-302

Date: November 2025

Subject: 2026 FEHB, PSHB, and FEDVIP Withholdings and Contributions

The official Federal Employees Health Benefits (FEHB) Program, Postal Service Health Benefits (PSHB) Program, and Federal Employees Dental and Vision Insurance Program (FEDVIP) withholdings and contribution rates for 2026 are available on the [OPM website](#). Agency payroll providers should exclusively use these rates to update their systems.

The rates are effective for pay periods beginning in calendar year 2026. These rates are now Public Use Files (PUFs). The purpose of the Public Use Files is to provide information to the public on FEHB, PSHB, and FEDVIP plans, including information on rates and benefits.

Please visit the [OPM's Health and Insurance website](#) for more information.

If you have questions about this letter, please send an email to FinancialBALs@opm.gov. We look forward to assisting you.